



## FROM BROKEN TRUST TO UNBREAKABLE BONDS THE MARRIAGE ARCHITECTS WHO CHANGE LIVES

**DREAM BUILDERS**  
Marriage Coaching & Counseling



*"Healthy Marriages don't happen by chance they happen by choice"*  
– **Coach Martez & Dr. Woodrina Layton**

MEET

# Coach Martez & Dr. Woodrina Layton

## The Marriage Architects Who Transform Relationships Into Thriving Partnerships

As the founders of Dream Builders Marriage Coaching & Counseling, Coach Martez and Dr. Woodrina Layton married for over 33 years, have spent more than 20 years helping couples rebuild trust, restore passion, and navigate challenges like infidelity, emotional disconnection, and communication breakdowns. Their expertise has made them sought-after relationship strategists for everyday couples, high-profile professionals, and celebrity clients.



### Marriage Coaching Rooted in Experience & Cultural Understanding

A U.S. Navy veteran and transformational coach, Coach Martez helps men step into leadership, confidence, and purpose in marriage. Dr. Woodrina Layton, a Licensed Professional Counselor (LPC), brings a unique blend of clinical expertise and personal resilience to help women heal, forgive, and build deep emotional intimacy.

Together, they specialize in supporting Black families and diverse couples, addressing generational trauma, cultural expectations, and the unique relationship dynamics faced by Black men and women.

### Mansformation™ – Helping Black Men Lead & Love Authentically

Developed by Coach Martez, Mansformation™ empowers Black men to break free from emotional suppression and societal invisibility—helping them lead their families with confidence, clarity, and love.

### Dr. Woodrina Layton – Guiding Women to Heal & Strengthen Their Marriages

As a therapist, speaker, and relationship strategist, Dr. Woodrina helps women:

- Cultivate deep emotional intimacy
- Improve communication and connection
- Build marriages rooted in love, trust, and mutual respect

## MEDIA FEATURES & IMPACT

Martez and Woodrina have been featured on OWN Network, The 700 Club, The Real Housewives of Atlanta, Good Day Atlanta, Good Day DC, and more. They are the founders of the Married 4 Life Walk, a movement uniting thousands of couples in commitment and reconnection.

Their bestselling book, *A Blessed Affair: Be Careful What You Curse, Your Curse Could Be Your Blessing*, reveals how their own infidelity battle became a turning point for an unshakable marriage.

## TRANSFORMING MARRIAGES, ONE COUPLE AT A TIME

For over two decades, Coach Martez and Dr. Woodrina Layton have been more than coaches—they are architects of lasting love and relationship resilience. They help couples:

- ✓ Heal from betrayal and broken trust
- ✓ Overcome past wounds and generational cycles
- ✓ Strengthen emotional, spiritual, and physical intimacy
- ✓ Build thriving marriages that last a lifetime

Based in Greater Atlanta, they continue to inspire, empower, and transform relationships nationwide—proving that with faith, commitment, and the right tools, any marriage can flourish.



**MANSFORMATION™ – HELPING MEN HEAL & LEAD**

A powerful framework designed to help Black men overcome emotional suppression, reclaim their confidence, and step into their role as strong, loving leaders in marriage and life.

**HOW TO REBUILD TRUST & HEAL FROM INFIDELITY**

Practical strategies for restoring broken trust, repairing emotional wounds, and rebuilding a marriage that's stronger than before after infidelity.

**COMMUNICATION BREAKDOWN THAT RESTORES MARRIAGES**

Learn how to break unhealthy communication patterns, resolve misunderstandings, and create a deeper emotional connection with your spouse.

**WHY MOST COUPLES STRUGGLE WITH INTIMACY & HOW TO FIX IT**

Discover the root causes of emotional and physical disconnect in relationships and how to reignite passion, trust, and vulnerability.

**FROM CONFLICT INTO CONNECTION**

Transform marital disagreements into opportunities for growth by mastering conflict resolution techniques that strengthen your bond instead of tearing it apart.

**THE BLUEPRINT FOR A THRIVING, JOYFUL, & PASSIONATE MARRIAGE**

A step-by-step approach to building a marriage filled with love, joy, and purpose—focusing on faith, communication, and emotional resilience.

**TESTIMONIALS**

*"The coaching and counseling we received for our marriage made all the difference. It was helpful, life-giving, encouraging and enriching. We had gone through a lot of marital trauma and loss, so we were no small task. We are eternally thankful for Martez & Woodrina!"*

**Joshua and Laura**

*"Coaches Martez and Woodrina fundamentally changed the direction of our marriage. They have provided us with invaluable tools and newfound insights that we are able to utilize as a couple and also within our personal lives, resulting in not only our marriage, but us as individuals, becoming stronger and better each and every day."*

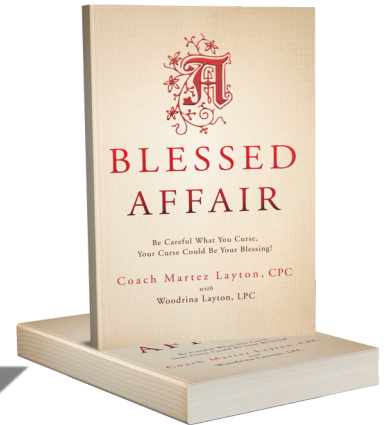
**Mike and Brenda**



## BOOK – A BLESSED AFFAIR

Infidelity is often seen as the end of a marriage, but for Coach Martez & Dr. Woodrina Layton, it became the catalyst for transformation. *A Blessed Affair: Be Careful What You Curse —Your Curse Could Be Your Blessing* is their deeply personal and powerful story of overcoming betrayal, rebuilding trust, and emerging stronger than ever.

This must-read book offers hope, healing, and real strategies for couples looking to turn their pain into purpose.

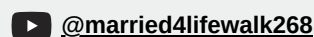
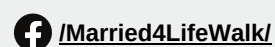
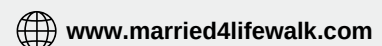
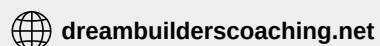


## MEDIA APPEARANCES



## BOOK COACH MARTEZ & DR. WOODRINA TODAY!

Are you ready to bring transformational insights to your audience? Whether for keynote speaking, workshops, media interviews, or marriage retreats, Coach Martez & Dr. Woodrina Layton are ready to inspire and impact lives.







## A MOVEMENT OF LOVE, UNITY & COMMITMENT

Annual Married 4 Life Walk | Healing Hearts Healing Homes Foundation

### ABOUT THE MOVEMENT

The Married 4 Life Walk is a transformative event dedicated to strengthening marriages through faith, unity, and unwavering commitment. Since 2017, this annual movement has helped over 2,500 couples rediscover the power of walking in unity, reinforcing the biblical principle from Amos 3:3—"Can two people walk together without agreeing on the direction?"

With a simple yet profound message—"Never Let Go of the Hand You Are Holding"—couples from diverse backgrounds take a 2-mile walk together, symbolizing endurance, love, and commitment.

### THE FOUNDERS

#### ***Martez & Woodrina Layton | Visionaries & Marriage Coaches***

As founders of the Married 4 Life Walk, Martez and Woodrina Layton bring a powerful personal testimony of overcoming infidelity, renewing their commitment, and walking in faith. Their mission through Healing Hearts Healing Homes Foundation is to equip couples with tools for lasting love and to strengthen marriages across communities.

### MARRIAGE AMBASSADORS & VISION PARTNERS

#### ***Ronnie & Shamari DeVoe | National Marriage Advocates & Industry Leaders***

From the very beginning, Ronnie & Shamari DeVoe have played a pivotal role in the success and expansion of the Married 4 Life Walk. Their financial support, emotional support, time commitment, insight and strategic marketing efforts have amplified the movement's reach, inspiring thousands of couples to stand strong in their marriages. As devoted Marriage Ambassadors, they continue to uplift and champion the mission of faith, unity, and resilience in relationships.

### WHY IT MATTERS

Marriage is the cornerstone of strong families, thriving communities, and generational legacy. The Married 4 Life Walk:

- Strengthens relationships through prayer, forgiveness, affirmations, purpose, and staying focused on your marital vision
- Promotes healing and renewal for struggling couples while strengthening and encouraging healthy marriages
- Creates lasting impact by fostering unity, commitment, and marital purpose while building family wealth
- Builds community by bringing together diverse couples for a common cause
- Reminds couples to never let go of each other's hand through life's challenges and to hold onto God's purpose together